

Environmental Sounds Checklist

At Home	Sound	Date heard	Date recognised
	Knocking		
	Doorbell		
	Door opening/closing		
	Phone ringing		
	Microwave ping		
	Kettle boiling		
	Liquid pouring		
	Ice dropping in a glass		
	Soda bottle opening		
	Clock ticking		
	Toilet flushing		
	Coughing		
	Sneezing		
	Laughing		
other			
other			
other			
other			

Out and About	Sound	Date heard	Date recognised
	Footsteps		
	Birds chirping		
	Dog barking		
	Car starting		
	Car indicator		
	Traffic passing by		
	Vehicle horn		
	Vehicle breaking		
	Emergency vehicle siren		
	Bicycle bell		
	Wind		
	Thunder		
	Rain		
	other		
	other		
	other		
	other		
	other		